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Tuesday, January 4, 2011 www.metronews.ca



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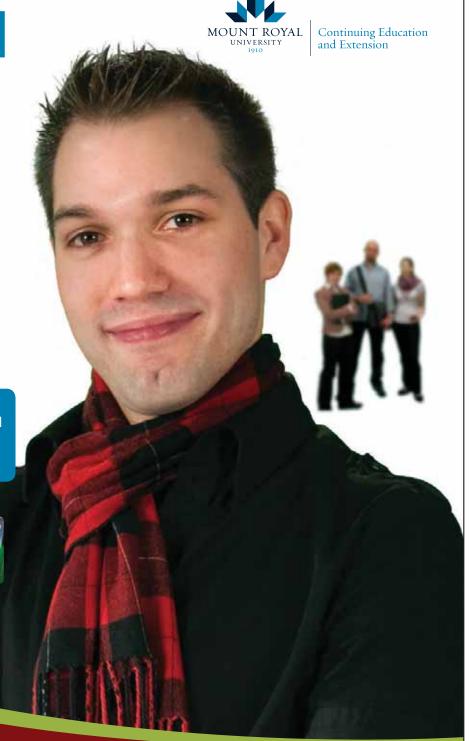
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BACK TO THE MIDDLE AGES PILLARS OF THE EARTH COMES TO CBC (page 12)



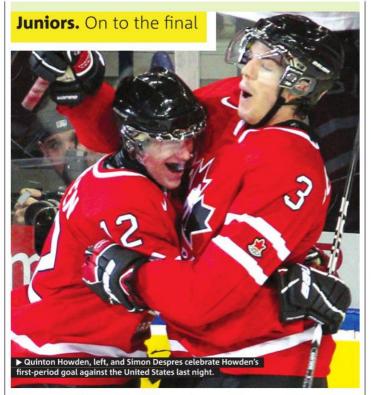
MARRIED SHANIA RINGS IN 2011 BY TYING THE KNOT DISH (page 13)



Tuesday, January 4, 2011 www.metronews.ca



News worth sharing



### Canada dispatches Americans

Canada got a measure of revenge against the U.S. for last year's loss in the world junior gold-medal game with a 4-1 semifinal victory over the Americans in Buffalo last night. Canada will play Russia in tomorrow's final. Story, page 18.

# For the sake of the skaters

Report suggests city build more skateboard parks {page 2}

# Boozy chicken a quick dinner

Get a hot meal on the table in 35 minutes {page 15}

# Suspect charged in New Year's Eve violence

▶ First murder of 2011 took place shortly after 1 a.m. on Jan. 1 ▶ Police say second shooting victim was innocent bystander unconnected to murder victim

Police have charged a man who is believed to have shot an innocent bystander on New Year's Eve, but are still looking for a suspect in a related homicide.

Just after 1 a.m. on Jan. 1, police responded to gunshots on 3 Street and 3 Avenue SW. Upon arrival, they found a man lying in the street with a gunshot wound. He was taken to hospital but later died from his injuries.

One block over, police found a second victim in a vehicle suffering from gunshot wounds. The man, who is in his early 30s, was taken to hospital and is currently in stable condition.

"He (the second victim) was totally unrelated to the previous incident," said Staff Sgt. Doug Andrus of the homicide unit. "He was in the process of getting into his vehicle and he was going to return and pick up some of his friends."

Godwin Mawutor Bonney, 22, of Etobi-

#### Latest on shooting No. 1

- An autopsy on the homicide victim is scheduled for today.
- Police say they will release the victim's name following the autopsy.
- Two weapons have been recovered in relation to the incident.

coke, Ont., is now facing several charges, including attempted murder and possession of a weapon obtained by crime.

Investigators continue to look for the suspect in the homicide. They believe he is a black man between 20 and 30 years old whose hair is styled in cornrows.

Those with any information are asked to call Crime Stoppers at 1-800-222-8477.

KATIE TURNER







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On the web at metronews.ca



The video game industry's motion control craze may soon spread to your web browsing. More at metronews.ca/ world





#### Southeast considered for new rec facilities

Calgary's southeast may be home to more recreation facilities as a council committee prepares to consider development options this week.

The Standing Policy Committee on Community and Protective Services will receive a report from administration tomorrow that identifies two possible locations for recreation developments, both of them in the southeast. The city is currently working towards developing the Seton Centre, a recreation facility that would incorporate, among other things, aquatics, fitness areas, a library and community art centre.

The city has allocated \$70 million for the Seton site but will be considering further financing options tomorrow.

METRO

#### Police seek public's help to nab robber

Calgary police are asking the public for help to solve an Aug. 14 robbery of Lee's Liquor Store on Centre Street. A white male believed to be in his early 20s ran off with the contents of the store's till after threatening the cashier with a knife. The man is described as cleanshaven, six feet tall and 175 pounds. He was wearing a black hoodie with a white skeleton design, jeans and grey boots. Anyone with any information is asked to contact police at 403-266-1234 or Crime Stoppers at 1-800-222-8477. ● метко



# City preps for

Community and Protective Services committee will review Welcome Community Policy Deach city business unit worked to draft the policy



KATIE TURNER CALGARY@METRONEWS.CA

Rolling out the appropriate welcome mat for newcomers is policy long overdue, says a city immigrants advo-

The policy, to be discussed today at a meeting of the Community and Protective Services committee, outlines a direction that business units within the City of Calgary will take over the next four years to meet the needs of immigrants to the city.

Fariborz Birjandian, co-chair of the Immigrant Sector Council of Calgary and one of the advisers on drafting the policy, said this framework had to happen.

"I think they're really following other major cities in Canada ... that they have come to the conclusion that, as a city, we are changing," he said.

Birjandian said fewer immigrants are moving to maior centres such as Toronto and Vancouver and are opting for cities like Calgary.

"We have to design a welcoming community."
Ald. Shane Keating, vice-

chair of the Community and Protective Services committee, said it's impor-tant that the city take steps towards better accommodating a growing popula-

tion. "When you talk about 20 per cent of the population, you have to make sure that it's brought to the surface," he said. "If you're a community then you have to be open and assisting to all residents in that community.'

#### Newcomers

- Calgary's immigrant population is expected to increase to 30 per cent in 2031.
- In 2009, nearly 14,000 immigrants came to Calgary.
- Between 2008 and 2009, there was a 5.1 per cent increase in immigrants landing in Calgary.

# **Committee to discuss** skate park plans

The city's Community and Protective Services committee will receive a report today that could lead to development of a plan for Calgary skate parks.

According to the report, the city has ceased to build parks to accommodate the growing number of skateboarders in the city. If approved by council, the

**36,000** The number of Calgarians estimated to be involved in skate boarding, according to the report.

skateboard-amenities strategy would begin to look at possible locations for future parks. • metro

#### **Current parks**

The city currently has three fixed skate parks, including Shaw Millennium, a community association-owned ramp in Mackenzie Towne and a privately owned park at the Westside Recreation

#### **News in brief**

#### **Cabbies want** fare surcharge

LATE-NIGHT RIDES. The Calgary Cab Drivers Association is asking the city to approve a surcharge on late-night fares. If approved, \$3 would be added to any ride taken between 10 p.m. to 4 a.m. on Thursdays, Fridays and Saturdays. The association hopes the increase will entice more drivers to

work nights. @ METRO

#### **Funeral for** plunge victims

DEAD HONOURED. The funeral for three people killed last week when their SUV plunged into a reservoir outside Canmore will be held tomorrow. The victims, Calgarian James Allen and married couple Darrin and Jennifer Waugh from Cochrane, will be remembered at the Centre Street Church at 1

METRO

# NYE fireworks blamed in mass blackbird deaths

## ◆ There are between 100 million and 200 million red-winged blackbirds in the United States

New Year's revellers in a small Arkansas town were enjoying midnight fireworks when they noticed something other than sparks falling from the sky: thousands of dead blackbirds.

The red-winged blackbirds rained out of the darkness onto rooftops and sidewalks and into fields. One struck a woman walking her dog. Another hit a police cruiser.

police cruiser.

Birds were "littering the streets, the yards, the driveways, everywhere," said Robby King, a county wildlife officer in Beebe, a community of 5,000 northeast of Little Rock. "It was hard to drive down the street in some places without running over them."

In all, more than 3,000 birds tumbled to the ground. Scientists said yesterday that fireworks appeared to have frightened the birds into such a frenzy

#### **Weird science**

Just one day before some 5,000 blackbirds fell from the sky in Arkansas, piles of dead fish turned up on the banks of the Arkansas River.

- Between 80,000 to 100,000 drum fish were found dead along a 32-kilometre stretch of the Arkansas River near Ozark.
- ➤ The animals' deaths have prompted Christian media to quote Bible passages warning about the end times, while conspiracytheory websites tout it as evidence of UFOs.

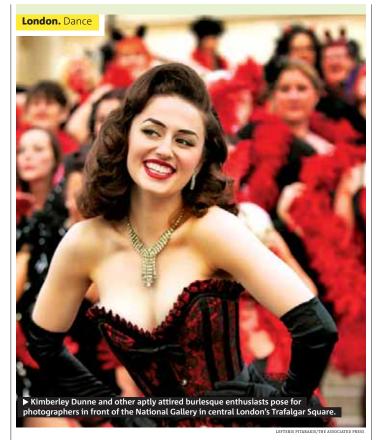
that they crashed into homes, cars and each other. Some may have flown straight into the ground.

"The blackbirds were flying at rooftop level instead of treetop level" to avoid explosions above, said Karen Rowe, an ornithologist with the Arkansas Game and Fish Commission. "Blackbirds have poor eyesight, and they started colliding with things."

But Rowe stopped short of declaring the mystery solved, saying labs planned to test bird carcasses for toxins or disease. Another theory was that violent thunderstorms might have disoriented the flock or even just one bird that could have led the group in a fatal plunge to the ground.

A few stunned birds survived their fall and stumbled around like drunken revellers. There was little light across the countryside at the time, save for the glimmer of fireworks and some lightning on the horizon. In the tumult, many birds probably lost their bearings.

THE ASSOCIATED PRESS



### World record burlesque dance?

An attempt to break the record for the World's Largest Burlesque Dance took place yesterday in London. A dance troupe made up of Virgin Holiday staff and burlesque enthusiasts took part in a five-minute bump-and-grind.

# Brown begins 3rd term as California governor

Democrat Jerry Brown was sworn in yesterday as California's 39th governor, returning to the office he left 28 years ago but inheriting a much different and more troubled state than the one he led then.

The man who once was California's most famous bachelor took the oath of office after being introduced by his wife of five years, former Gap Inc. executive Anne Gust Brown, at Sacramento Memorial

Auditorium.

She held a Bible that was her grandfather's and was used during her wedding with Brown. Brown has predicted a grim future for the finan-

cially beleaguered state. Where his predecessor, Republican Arnold Schwarzenegger, expressed optimism at every turn, Brown has been realistic since winning the Nov. 2 election. California

has faced several years of



deep budget deficits and is confronting another estimated at \$28 billion US through June 2012.

Its general fund is \$15 billion US less than it was just three years ago, reflecting a sharp drop in tax revenue from a recession that has battered the economy of the nation's most populous state. Brown, 72, said the choices facing California's 38.8 million people are painful.

THE ASSOCIATED PRESS

#### I'll be back

Jerry Brown becomes only the second person to serve three terms as California governor when he takes over from Arnold Schwarzenegger

 His tenure as the 34th governor, from 1975 to 1983, was before voter-imposed term limits, allowing Brown to seek the office again last year.

# Young astronomer discovers supernova

A young amateur astronomer from Fredericton has become the youngest person ever to discover a supernova

The Royal Astronomical Society of Canada says 10-year-old Kathryn Aurora Gray made the discovery on the weekend under the watch of two other astronomers.

The astronomical society says an image of a galaxy in the constellation of Camelopardalis was made New Year's Eve and the supernova was discovered on Sunday.

THE CANADIAN PRESS

# Firemen rescued in Toronto blaze

Two firefighters fell from a neighbouring roof into a burning building early yesterday morning, sparking an intense 30-minute hunt through dense smoke to rescue them. The pair, who were not badly hurt, were finally located on the upper floor.

THE CANADIAN PRESS



# Government scribe joins world of Twitter

Guy Giorno, Stephen Harper's tight-lipped former chief of staff, has taken up Twitter

Giorno made a point of rarely speaking in public in the two and a half years he spent as Harper's righthand man. He officially stepped down from the job at the end of December.

His Twitter account was set up on Dec. 23 and the first message from the microblogging site was sent on Dec. 30.

But so far, he's not dishing out parliamentary gossip or political punditry — he's taking on some of his former foes in the

THE CANADIAN PRESS

# **Snow falls in Las Vegas**

Gamblers on the Las Vegas Strip awoke to snow flurries yesterday as part of a winter storm that turned the main highway be-tween Southern and Central California into a snowy, icy parking lot.

Hundreds of motorists returning from the New Year's holiday found themselves stuck after Interstate 5 was closed for a second day over the 1,270metre-high Tejon Pass north of Los Angeles.

hours crawling over Interstate 15's snowy Cajon Pass to get back to L.A. from Las Vegas, where there was a trace of snow near the airport.

National Weather Service meteorologist John Adair said there won't be any accumulation near the hotels and casinos, but neighbourhoods west of the Strip got a fair amount of snow.



# Navy not laughing at captain's antics

U.S. Navy probes 'inappropriate' videos shown aboard vessel Clips surface after four years

Videos just coming to light show the crew of a U.S. Navy aircraft carrier got an eyeful on shipboard TV: Gay slurs, suggestive shower scenes and mimicked masturbation in clips made not by some sailor run amok but by the ship's second-most powerful officer.

The Navy said Sunday it will investigate the "clearly inappropriate" videos shown through the nuclear-powered ship's closed-circuit television system. The star of the videos, made in 2006 and 2007, is Capt. Owen Honors, who now commands the USS Enterprise but was its executive officer the second in command when the videos were made. The Norfolk-based Enterprise was deployed in the Middle East at the time the videos were made and is weeks from deploying again. The Virginian-Pilot

#### Reaction

Navy Cmdr. Chris Sims said in a statement the videos "were not acceptable then and are not acceptable in todav's Navv."

#### Investigation

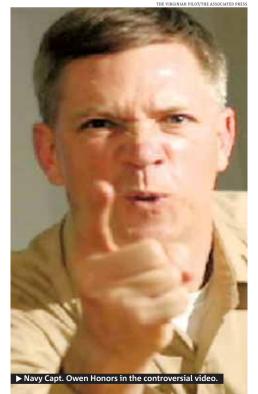
Sims said U.S. Fleet Forces Command "has initiated an investigation into the circumstances surrounding the production of these videos."

#### Accountability

Executive officers and other leaders "are charged to lead by example and are held accountable for setting the proper tone and upholding the standards of honour, courage and commitment that we expect sailors to exempify," Sims said.

newspaper reported on the videos in its Sunday editions.

THE ASSOCIATED PRESS



#### **News in brief**

#### **New cancer** test on horizon

BOSTON. A blood test so sensitive that it can spot a single cancer cell lurking among a billion healthy ones is moving one step closer to being available at your doctor's office. Boston scientists who invented the test

and health-care giant Johnson & Johnson announced yesterday they are joining forces to bring it to market.

#### **Groping case** goes ahead

DISNEY WORLD. A woman who claims Donald Duck groped her at Disney's Epcot theme park can have her day in court, a federal judge has ruled. THE ASSOCIATED PRESS

# in pictures

2. PETER MULLER/THE ASSOCIATED PRESS
3. JERRY S. MENDOZA / THE ASSOCIATED PRESS HAO JIANQIANG/XINHUA/THE ASSOCIATED PRESS 5. DARRYL DYCK /THE CANADIAN PRESS





A surfer enjoys the Southern California winter swell in Manhattan Beach, Calif. yesterday. People have been asked to avoid water contact for at least 72 hours after heavy rainfall due to pollution.

Justice Chan Reec Madut discusses the referendum ballot during a press conference in Juba, southern Sudan, yesterday. The Jan. 9 poll will decide whether Sudan's mainly Christian and animist south can split from its mainly Muslim north.

Ismail Houmani enjoys a cigar at his Casa De La Habana shop in Detroit. Cuba's government-controlled tobacco company is suing Houmani, claiming his business name is too similar to its own.

In this photo provided by China's Xinhua News Agency, pandas play in snow at Qinling Giant Panda Research Center in Foping Natural Reserve in China's Shaanxi Province on Jan. 2.

PETA activists Julia de-Courcy, right, and Tohni Blower give out free soy hot cocoa while dressed in lettuce-leaf bikinis in Vancouver, B.C. vesterday.

## **Motion-controlled PCs coming soon**

If you've been wishing you could control your PC with gestures — the way you can using the Kinect motion controller for the Xbox 360 — computer maker Asus expects to have a solution for you this year. Asustek Computer Inc. and PrimeSense Ltd.,

an Israeli company whose 3D camera is a core part of Kinect, said vesterday that they're working to let users gesture to surf the web, check social net-works and control videos on their PC or a TV connected to your PC. THE ASSOCIATED PRESS

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The three phases at CDPC include Neuro-Decompression, Oxygen Enhancement and a unique Neuro-Nutrition phase. The full procedure is performed simultaneously during a patient's treatment.

The three phases combined create a unique treatment procedure offered only at the Canadian Decompression and Pain Centers. All three stages are integral to the system to ensure that the patient's recovery is quick, successful and long term. Many patients feel immediate relief from pain, but the goal of the treatment program is to eliminate pain long term, not temporarily, and to restore and improve the patient's quality of life.

## What Are People Saying About the Treatment?

I read the ad in the paper – I thought this would be fantastic! I am completely off all medication and feel like a 20 year old. Thank you for giving me my quality of life back! The staff are the friendliest, nicest, most compassionate people I have ever met in a clinical environment!

#### - Denise B., Calgary

I have had a lot of problems with my lower back and with my sciatic nerve... I heard about CDPC and made an appointment... I progressed from severe pain to very little pain over the treatment program! I would recommend this treatment to anyone having lower back problems.

#### - Kenneth R., Edmonton

When I first came to CDPC I couldn't walk. I had not been to work for many months. After about 4 treatments I could feel it working...it's the best money I've ever spent. I got my life back without pain, it's worth it. Just do it. It works.

- Russ C., Calgary

I came into the clinic with pain from 2 bulging discs. After the first few treatments, I could feel a significant improvement. Now that I have finished all the treatments, I have very minimal discomfort and only on occasional days when I am not active physically. I can now sleep totally without pain, where as before I woke up several times a night. I have already recommended the CDPC to others. Thank You to everyone who has helped me

#### - Beth S., Calgary

[CDPC] has been very helpful determining the appropriate spinal decompression treatments in relation to my pain sites. I have experienced some pain relief after 23 treatments for my lumbar and cervical spine. The severe pain in the center of my neck has lessened considerably and I rarely experience numbness in my right hand upon awakening. My lower back no longer hurts when standing...Sleepless nights due to pain are rare. Thank you for you help.

- Kathy L., Calgary

I will be forever grateful...the pain was excruciating and debilitating... I used to tell my friends and family that if I could cut off my leg I would...And then a miracle happened. I made an appointment for a consultation. The rest is history!!!! I have not had a painkiller in weeks...I am actually looking forward to being able to dance

- Rhona K., Calgary

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#### N.Y. murder | Study: rate up in 2010, say police

New York City has seen a double-digit increase in murders during 2010, though overall crime was down two per cent from last year. That's according to preliminary figures from the New York City Police Department.

As of Dec. 31, there were 532 murders, up from 471 in 2009. The city has seen record lows in crime in the past decade, and last year's murder rate was one of the lowest

Criminologists have said such increases should not cause worry and that the city is not returning to the days when there were more than 2,000 people slain per year.

NYPD figures released yesterday show that rapes are up 14 per cent and robbery is also up four per cent from 2009.

THE ASSOCIATED PRESS

### Number of kid X-rays worrisome

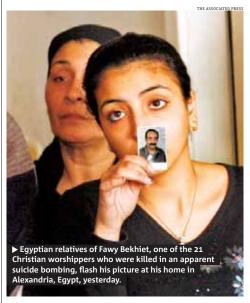
The first large study to examine the use of X-rays, CT scans and other medical radiation in American children estimates the average child will get more than seven radiation scans by age 18, a potentially worrisome trend.

Most of the scans involve X-rays, which use relatively little radiation. But there is growing con-cern about CT scans, which entail far more radiation and can raise the risk for cancer, particularly in children.

The study found that X-rays of the chest, hand and foot are the most common. Forty-two per cent of children had at least one radiation procedure and 25 per cent had two or more during the threeyear study period. Dental X-rays were not included

THE ASSOCIATED PRESS

# Coptic pope wants grievances addressed



#### Church bombing in Egypt set off three days of protests by Christians

The head of Egypt's Coptic Orthodox Church appealed to the government yesterday to address Christians complaints about discrimination to ease tensions as fierce riots broke out in the capital following a New Year's Day church bombing that killed 21 people.

The interview with Coptic Pope Shenouda III on state television came as hundreds of predominantly Christian protest-ers clashed with riot police in northern Cairo in late night demonstrations expressing frustrawith government's policies.

In rare criticism by the 87-year-old church leader, Shenouda called on the

government to address Christian grievances in the country, especially of laws restricting freedom of worship.

"The state also has a duty. It must see to the problems of the Copts and try to resolve them," he said. "If there are laws that is an unjust to some, the state should correct many

The pope said the unprecedented attack on the Saints Church in Alexandria had "caused panic" among Muslims and Christians, but he appealed for calm among his flock and warned that political activists might use protests to push their antigovernment agenda.

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# Gulf drilling to resume

The Obama administration said yesterday it will allow 13 companies to resume deepwater drilling without any additional environmental scrutiny, just months after saying it would require strict reviews for new drilling in the wake of the BP oil spill.

The government said it was not breaking its promise to require environmental reviews because the 13 companies - which include Chevron USA Inc. and Shell Offshore Inc. already started

drilling the wells without detailed environmental studies.

Drilling was suspended last year when the administration imposed months-long moratorium following the BP spill. The ban was lifted in October, but drilling has not yet resumed in waters deeper than 500 feet (152 metres) in the Gulf of Mexico.

U.S. officials said the 13 companies must comply with new policies and rules before resuming activity at 16 Gulf of Mexico wells. The associated press



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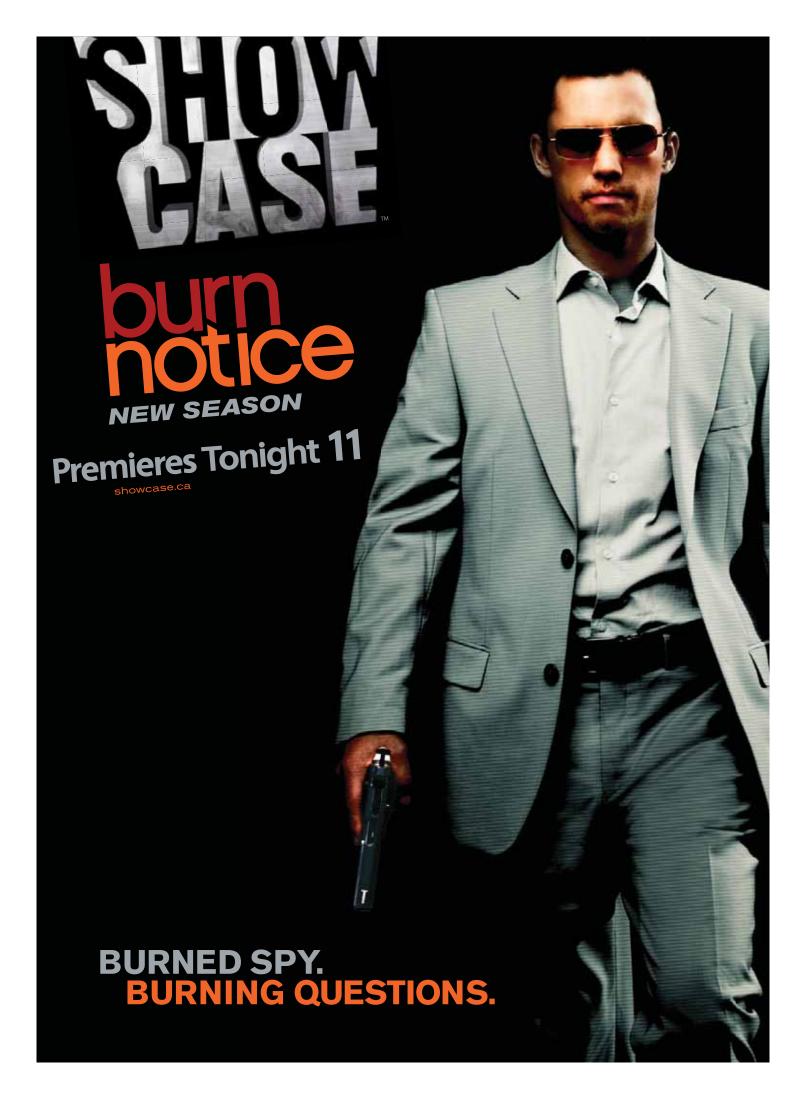
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# **CEOs' pay 155** times more than average: Study

CEO earnings packages higher today than during the '90s Average Canadians saw small rise in 2009

The recession may have hammered the average Canadian but a new survey suggests CEOs weathered the storm in fine form.

An examination of the 100 fattest pay packages handed to executives at publicly traded compa-nies in Canada shows they pulled in an average \$6.6 million each in 2009.

That's a far cry from the \$42,988 the average Canadian makes and it dwarfs the \$19,877 a minimum-wage worker would earn in a year.

The study by the Canadian Centre for Policy Alternatives says Canada's best-paid CEOs made 155



times more than the average Canadian. "Canadians may still be

feeling the pain from a worldwide economic meltdown caused by reckless financial speculation but Canada's business elite has preserved its privileged ed position," author Hugh writes Hugh Mackenzie.

The biggest pay package went to Aaron Regent at Barrick Gold Corp., who made \$24.2 million in 2009, according to Mackenzie's calculations.

In second place was Hunter Harrison at Canadian National Railway Co., at \$17.3 million, followed by Gerald Schwartz at Onex Corp., at \$16.7 million.

Still, CEO earnings dropped from the previous year.

THE CANADIAN PRESS



#### Cashing in on social networking

Goldman Sachs is said to have invested \$450 million and Digital Sky Technologies invested \$50 million into Facebook. Representatives for Facebook, Goldman and Digital Sky Technologies declined to comment.



#### **Hotmail** fixed?

Microsoft says it has fixed the glitch that caused some Hotmail users to lose all of their emails

THE ASSOCIATED PRESS



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## RESOLUTION NO. 1: TIME TO QUIT THE GYM

She says ...

JESSICA
NAPIER

All right everyone, you've had your fun. You argued drunkenly with your family, kissed a complete stranger at midnight and ate about a year's worth of calories in the span of one week. Now it's time to get serious.

ast weekend, as I peered from under my duvet at a disaster zone of empty champagne bottles and orphaned sequins, I thought to myself that perhaps 2011 should be the year I start making some changes.

And so, on a gloomy January morning, I pledge this will be the year I start taking vitamins. I'll read more books, watch less television, pay my bills on time and, finally, against typical New Year's tradition, I resolve to quit the gym.

I've been a member of an overpriced health club for more

than a year now, the number of times I've actually visited said facility amounts to the caloric value of four Tic Tacs. Sixty dollars a month debited from my chequing account and all I have to

show for it is a small laminated card collecting dust in my wallet.

Over the years I have joined many a flashy fitness temple with the exact same result — I go routinely for about two months before my commitment wavers and I reach the point where it becomes embarrassing

to even think about showing my face there.

So why join in the first place? Initially, I am wowed by the shiny equipment and excessive

"Initially, I am

wowed by the

shiny equipment

and excessive

amenities."

amenities. "You mean there's a steam room and a smoothie bar? Here's my credit card."

But while the flashy accoutrements might lure me in at first, nothing re-

ally changes the fact that I just can't stand the Lycra-clad cliques of established gym-goers, partly because I despise their hard-bodied smugness, but mostly because they look so good in skinny jeans.

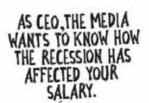
Sure, there may be some wellmeaning aerobic enthusiasts, but most of the crop-top wearing gym rats aren't really there to exercise. They're there to work on their fake tans, buy protein powder and, most importantly, they are there to check each other out. For, you see, there's no difference between the gym and an obnoxious nightclub; there is an expensive cover charge, aggressive music, sweaty bodies and plenty of tight neon clothing.

So, in 2011, I resolve to leave the hormonally charged muscle heads to their own devices and promise myself that this is the year I finally kick my habit of avoiding the gym and cancel my membership for good.



Read more of Jessica Napier's columns at metronews.ca/shesays

#### Cartoon





# Attack defined decade

## Letters

We asked: What will define the decade of 2000-10?

WHITBY, ONT. I would have to say the terrorist attacks on New York City in 2001, which changed everything. It caused panic all over the world. It raised security concerns everywhere and our sense of freedom was taken away. From Sept. 11, 2001, to this day everything has changed. Many lost their lives on that tragic day and many more have lost their lives fighting (against terrorism). Besides all that, we live our lives in a state of "being on edge" and that



alone has defined this decade. The decade when the world changed and the days when North Americans realized we weren't invincible.

**TORONTO.** I would say it was the 9-11 terrorist attacks on the U.S. because it changed so much in terms of how

people think and how the world operates.

SARAH EVANS

TORONTO. Social injustice will define the decade. The financial gluttony of the super rich will be seen as widening the divide between rich and poor, causing poverty and polluting the environment.

What are you looking forward to most in 2011? Email calgaryletters @metronews.ca Twitter @metrocalgary

Metro has the right to edit letters and submissions.

#### metr⊕

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# Metro Minute with A Musical Christmas

If you're looking to enjoy some Canadian art, head to Webster Galleries for the last week of its current exhibit, A Musical Christ-

The gallery is featuring the work of several Canadian artists whose artwork reflects a musical theme

The exhibit opened last month and runs until Jan. 8. Along with the current

exhibition, the gallery also has a collection of paintings, sculptures and Inuit art

art.
Webster Galleries is located at 812–11 Ave. SW and is open Tuesday through Saturday from 10 a.m. to 6 p.m.
There is free parking at

There is free parking at the back of the gallery for customers.

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#### **News in brief**



Actress Valerie Bertinelli has tied the knot in Malibu. Publicist Heidi Schaeffer told The Associated Press that the 50-yearold Hot in Cleveland star married financial planner Tom Vitale on Saturday.

Schaeffer said in an email that a report by People Magazine of the wedding was accurate. The ceremony took place in front of about 100 people at her home, according to People. Guests included Bertinelli's exhusband — rocker Eddie Van Halen and their son Wolfgang. Bertinelli and Van Halen split in 2000 and were officially divorced in

THE ASSOCIATED PRESS

# No U.S. network, CBC hopes Pillars can be another no problem

The Pillars of the Earth actor Rufus Sewell glad that mini-series had no American involvement in production ◆ 12th century epic coming to CBC



sword-andsandal epics seem to be all the rage, including The Tudors, Spartacus: Blood and Sand and the forthcoming The Borgias, which airs

this spring. Galloping into the arena is The Pillars of the Earth, a \$40-million, eight-part historical miniseries that begins tonight at 9 p.m. ET on CBC.

The international coproduction was shot in Hungary and Austria and stars Canadian actors Donald Sutherland, Alison Pill (Milk) and Gordon Pinsent, as well as Ian McShane, Hayley Atwell and Rufus Sewell.

With today's ballooning budgets, it seems to take the world to make one of historical these epics. Welsh author Ken Folett wrote the wildly successful novel, which, given the

#### "As far as I'm concerned, the idea of working for one of the major networks worried me." ACTOR RUFUS SEWELL

Oprah Winfrey Book of the Month Club seal of approval, topped the bestsellers charts for weeks. Brit Ridley Scott (Robin Hood) is among the executive producers.

The mystery/thriller is set against a backdrop of war and religious strife. Set in the 12th century, it is essentially about an ambitious dream to build a cathedral in a forest during the Middle Ages.

Some Canadians, however, will have seen it be-The miniseries. partially funded by Montreal-based Muse Entertainment, aired last summer on the premium cable channels The Movie Network and Movie Central: it was showcased in the U.S. on the cable channel Starz.

The fact that no big American broadcaster was involved was actually good news for Rufus Sewell.

"As far as I'm concerned, the idea of working for one of the major networks wor-ried me," he says on the phone from Italy, where he was at work playing a detective on another venture. Sewell worried that a

major U.S. network would be so concerned about offending all but the widest possible demographic that a lot of the edgier content would get cut out. He's seen how advertiser boycotts have watered down projects in the past.

becomes slightly cowardly," says Sewell, who suggests networks cave under pressure from special interest groups. "Nobody wants to lose the dollars of stupid people or even bigoted people.

While notes did come from the Canadian, German and British investors in this series, the fact that it wasn't controlled by one major source allowed more of the script that drew Sewell to the project in the first place to remain on the screen. The British-born actor, who played Alexander Hamilton in the HBO production John Adams and also appeared in the shortlived U.S. network series The Eleventh Hour, has seen juicy scenes get snipped before.

"I knew if a scene was very interesting it was going to get less interesting the morning before we did it," he says

THE CANADIAN PRESS

The Pillars of the Earth is one of several new shows premiering tonight on CBC, which in recent years has avoided the crush of fall shows from south of the border by saving its new offerings for January The new reality series Village on a Diet began on Monday, with the new spy spoof comedy Insecurity bowing tonight before Pil-

CBC found a steady 700,000 to 800,000 viewers a week for The Tudors, which concluded a four-season run in the fall. With CTV snatching up rights to The Borgias, a historical series starring Jeremy Irons as a notorious 15th century Pope (tentatively scheduled to begin in April or May), CBC hopes they've found their historical fix with Pillars.

#### Hungary perfect for historical TV

The actors appearing in The Pillars of the Earth spent five months shooting in and around Budapest. The region works for these historical epics on many levels.

Crews work cheaper than in Hollywood, keeping production costs down, plus the rolling hills of the Hungarian countryside offer vistas mainly free of any modern buildings or other landmarks that would seem out of place.

New technologies have also helped bring these period epics back in vogue. Modern hydro wires and other 21st-century giveaways can be digitally removed and ancient palaces can be digitally inserted. THE CANADIAN PRESS

# **Actor Postlethwaite dies at 64**



Oscar-nominated British actor Pete Postlethwaite, described by director Steven Spielberg as "the best actor in the world," has died at age 64 after a long battle with cancer.

Longtime friend and journalist Andrew Richardson said yesterday that Postlethwaite died in a hospital Sunday.

A gritty and powerful actor, Postlethwaite was nominated for an Oscar for his role in the 1993 film In The Name Of The Father.

He had recently been seen in the critically acclaimed film Inception and had worked with Spielberg on The Lost World: Jurassic Park and Amistad.

Postlethwaite initially planned to become a priest but was drawn to acting.

He received an OBE in 2004 along with many other honours for his long career in movies, theatre, and television.

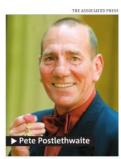
Postlethwaite lived in the hills of rural Shropshire in western England. He was a political activist known for his opposition to the war in Iraq and his call for policies to fight global warming.

He had recently re-turned to the stage to star as King Lear.

The actor had been treated Royal at the Hospital. Shrewsbury Shortly before his death he publicly thanked the hospital staff in the Shropshire Star newspaper for their "wonderful" treatment and care during his illness.

He is survived by his wife, Jacqui, his son, Will, and daughter, Lily.

THE ASSOCIATED PRESS



# Lohan plans new start in new place

Moves out of West Hollywood to get away from paparazzi, past influences

To get a fresh start after leaving rehab, Lindsay Lohan is ditching her dramaplagued West Hollywood apartment for a three-bedroom rented condo in a beach-side suburb of Los Angeles, according to Radar Online. "She made the decision to move out some time ago and begin a new chapter of her life, in a new environment," a source says. "Lindsay considered her former apartment in West Hollywood too accessible to paparazzi and those in her life she wants to leave behind.



## Wed, or just fooling?

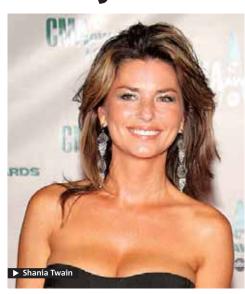


Brad Pitt and Angelina Jolie reportedly closed out 2010 by tying the knot, but it was all for show, according to In Touch. Sources say the couple held a mock-wedding ceremony in Morocco for the benefit of their six children. "Because the kids are getting older, Brad and Angelina decided now was the time to show them how much they loved each other and wanted to be unified as a family," a source says.

## **Shania secretly married**

Just weeks after announcing her engagement to Frederic Thiebaud, Shania Twain is already married, according to People magazine. The couple tied the knot on New Year's Day, her rep confirms. "They were married at sunset in Rincon, Puerto Rico, in front of 40 of their closest family and friends," her rep tells the magazine.

'2010 is leaving me with a renewed faith in love and commitment," Twain posted on her blog. "Talking about love, I am excited to share some personal news with you: I'm in love! Frederic Nicolas Thiebaud has been a true gift to me as a compassionate, under-standing friend and over time, an amazing love has blossomed from this precious friendship." METRO



# **David** Arquette checks into

David David Arquette has checked himself into rehab for alcohol and "other issues," according to TMZ. Arquette, who has been partying a lot since his separation from Courteney Cox, is seeking treatment because it's "the right thing to do for his family," a source close to the actor

But before heading to rehab on New Year's Day, Arquette reportedly had one last wild night, celebrating New Year's Eve at the Roosevelt Hotel in Hollywood. METRO

#### **Celebrity tweets**



Lohan [Alindsay lohan1

Today is the first day of the rest of my life "The future depends on what we do in the present.

-Mahatma Gandhi... One step at a time..



Ryan Séacrest [@Ryan Seacrest1

I am finding it tough to work out today. On cardio machine playing mind games to pass the time. Know any good

#### Sarah Silverman



[@Sarah . KSilverman1

Oh my god your inner monologue is so boring

#### **Seth MacFarlane**



War is not the answer.

Unless there's a quiz with a question about what you call it when armies fight. 'Cause then war is the answer.

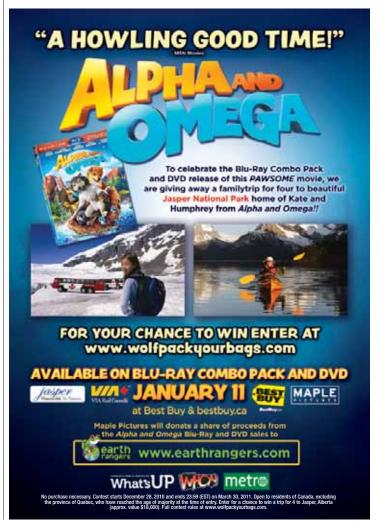
#### **Jackson documentary postponed**

The Discovery Channel has bowed to pressure from Michael Jackson's estate and agreed to postpone a filmed reenactment of the late singer's autopsy that was set to air in the U.K., according to TMZ.

"Given the commencement of legal proceedings beginning next week, and at the request of Michael Jackson's estate, the scheduled broadcast of the medical documentary related to Michael Jackson's official autopsy has been postponed indefinitely," network's reps said.

Jackson's executors had complained that the show was in "shockingly bad taste i

METRO







Frostbite is most common in outdoor workers, homeless people, and athletes participating in outdoor sports. But it can certainly strike adults and children who are having fun and staying outside a little longer than they should. The best winter cloth ing is breathable, windproof, and quick-drying. CELIA MILNE





# Frostbite warning

How to recognize if you have it and what to do when someone you know is showing the signs • Be careful though, you could make things worse



During the winter season, it's great to get outside to enjoy the crisp, cold air and, of course, the snow. However, whether you are snowboarding, skiing, tobogganing, snowshoeing or simply waiting for the bus, frostbite can happen if you're exposed to the cold for too long.

And though tempting, rubbing a frostbite can actually make it worse.

"Do not rub on the affected areas as this can cause further damage," says Dr. Jensen Yeung. medical director of RKS Dermatology at Women's College Hospital and the University of Toronto.

Frostbite is damage to the skin and other tissues, and happens when blood vessels under the skin constrict, which can happen at zero degrees and colder.

"A combination of fac-A combination of ractors determine when frostbite will form," says Yeung. "These include the duration of cold exposure, windchill, wet clothing, inadequate clothing and proprietical time." poor circulation."

Poor circulation can be a result of wearing clothing that is too tight, smoking, diabetes or peripheral vascular disease.

Parks According to Canada, areas most prone to frostbite are toes, feet, fingers, hands, ears and

"A combination of factors determine when frostbite will form... exposure, windchill, wet clothing, inadequate clothing and poor circulation."

Signs to look for that you or a family member have frostbite include:

- Shivering (may be absent in later stages)
- Lack of feeling in the affected area
- Skin that appears waxy Skin that is cold to the

In second degree frost-

bite, says Yeung, waterfilled blisters can develop. In third and fourth degree frostbite, you may have blood-filled blisters and damage to the nerves. In extreme cases, gangrene can result.

Here's what to do: Bring the person in to a warm environment as soon as possible.

Immediately remove all wet clothing and put on dry ones. Then wrap the person in warm blankets.

Quickly warm up the affected areas in a bathtub with water at 40 to 42 de-

Only start to rewarm the person if further re-freezing can be prevented. Fluid replacement is also extremely important.

#### Hypothermia

Hypothermia is a risk with cold weather and prolonged outdoor activities. It can sneak up on you if the weather changes, warns Parks Canada Someone who is suffering from hypothermia is no longer able to keep themselves warm. It's possible to develop hypothermia at any temperature under zero degrees. Signs and Symptoms of Hypothermia include:

- Shivering (may be absent in later stages)
- Numbness
- Lack of coordination
- Confused or unusual behaviour
- Body temperature below 35º C (95º F)

metr@food metronews.ca TUESDAY, JANUARY 4, 2011

#### **2011's liquid predictions**



believe how quickly peared? 2010 disap-

Why, it seems like just yesterday Mel Gibson and Mother Nature were battling it out to see who could act crazier by year's end.

Now that we're officially into 2011, I've dusted off my crystal ball and am prepared to make the following liquid predictions for the coming 12 months. Look for Australia to

make a comeback this year. With a major focus on regionality — and more celebrity winemakers than kangaroos Down Under is preparing to wow your palates.

I also see food-friendly German white wines and non-fortified Portuguese reds working their way

into your glasses. From the vine, malbec will keep rocking the red wine world, with sauvignon blanc doing the same for the whites

Also, look for red blends (especially those with a touch of residual sugar) to be the talk of

liquor store shelves. On the boozier side of things, I see both Irish American whisky capturing more market share across the country.

But my money's on particularly brands such as Russian Standard (750

ml. \$23.95 -\$24.99) that haven't had every inch of personality filtered out of them supreme.

THE RANGE ACROSS THE COUNTRY.
SOME PROD-UCTS MAY AVAILABLE



# A go-to chicken recipe

#### Skip the booze in this Bourbon Chicken by substituting apple juice

This pecan-crusted chicken breast with bourbon has flavour and looks impressive but takes only 35 minutes to complete.

#### **Preparation:**

- Heat oven to 220 C (425 F). In a food processor, combine pecans, 125 ml (1/2 cup) of the flour, salt and pepper, then pulse until mixture becomes a coarse meal. Transfer mixture to a shallow dish.
- Place remaining 125 ml (1/2 cup) flour in a second shallow dish. In a third shallow dish, lightly whisk eggs.
- Dip both sides of each chicken breast first in flour, shaking off any excess, then in eggs, then through pecan mixture. Transfer to a plate.

- In a skillet over medium-high, heat 30 ml (2 tbsp) of the oil. Add 3 chicken breasts and cook until well browned on both sides, 4 minutes per side. Transfer chicken to a baking sheet. Repeat with remaining oil and chicken breasts.
- Place baking sheet in oven and cook chicken for 12 to 15 minutes. While chicken bakes, make sauce. With skillet over medium-high heat, add bourbon and dealaze, scrapina up browned bits from bottom of pan. Add broth, honey and mustard and bring to a simmer.
- In a bowl, stir together cornstarch and water. Whisk cornstarch into skillet sauce; stir until thick. Stir in chives and soy sauce. Pour sauce over chicken breasts to serve. THE CANADIAN PRESS



#### **Ingredients:**

- 250 ml (1 cup) finely
- chopped pecans
   250 ml (1 cup) white allpurpose flour, divided
- 2 ml (1/2 tsp) salt
- 2 ml (1/2 tsp) ground black pepper
- 2 large eggs
- 6 boneless, skinless chicken breasts (1 kg/2 lbs) • 60 ml (4 tbsp) extra-virgin
- olive oil, divided
- 50 ml (1/4 cup) bourbon • 250 ml (1 cup) chicken broth
- 15 ml (1 tbsp) honey
- 15 ml (1 tbsp) coarsegrained mustard
- 7 ml (1 1/2 tsp) cornstarch
- 10 ml (2 tsp) water • 50 ml (1/4 cup) chopped
- fresh chives
- 5 ml (1 tsp) reduced-sodium soy sauce

MICHELLE LOCKE/THE ASSOCIATED PRESS

# There will be no whining this year

Experts say 2011 will see great wine choices and prices

Riesling will rise. The market for wine in Asia will boom on Customers will continue to hunt for vintage values. And the marfor fine wine will rumble back to life.

That's the sort of year industry observers say the world of wine will bring us in 2011.

In 2010, the economy remained a serious issue for American high-end winemakers, many of them in California. They saw sales of wines priced at \$30 or more a bottle dry up when consumer spending collapsed.

"Since so much of the economy of high-end wine is attached to a robust economy and wealth creation, we have clearly seen a difficult couple of years for Napa and other high-end growing areas," said Barry Schuler, former chairman and CEO of America Online and now proprietor of Meteor Vineyard in the Napa Valley.

Now, "the market's definitely coming back," which means producers have to decide what to do next, he says.

"I think people are looking at Asia, where all of a sudden there's an interest in fine wine and high-end wine, both from collectors and young entrepreneurs who are acquiring some wealth for the first time."

North America, meanwhile, consumers who had been staying away from premium wines — or, if they were going to shell out \$50 or more, sticking to tried-and-true brands -– are getting a little more adventurous, says Doug Shafer of Shafer Vineyards, the Napa Valley producer of the highly regarded Hillside S Cabernet Sauvignon. Select

One trend from 2010 that Shafer expects to see continue in 2011 is restaurants teaming with wineries to sell wine under their own name. That trend got a boost from the recession, with premium grapes and wine becoming cheaper and more available.

Consumers used to getting good values in wines likely will continue that hunt. "There can be some good finds there," Shafer says.

Some consumers are going to be looking to imports for value, exploring the well-priced varietals of Argentina, Chile, Portugal, the Rhone in France, and Spain.

"As the economy continues to rebound, consumers will be looking for flavour and value, and these countries are providing them,' say Karen Page and Andrew Dornenburg, authors of What to Drink with What You Eat.

Dornenburg and Page expect Riesling to become more popular, along with similar wines such as Oregon Pinot Gris, Argentinian Torrontes and Spanish Albarino.

And there will be more bubbly, including new varieties such as sparkling Cabernet Sauvignon, Malbec sparkling sparkling Torrontes.

In 2010, wine drinkers found bargains on Internet sites such as woot.com and Lot 18, where wine is sold at a discount with usually a limited number of bottles available.

Paul Mabray of the Napa-based wine consulting



firm VinTank expects that trend to continue, but he also expects wineries to selling discounted wines via their own websites to regular customers.

"It's better than ever to be a member of a winery's email list," he says.

Another byproduct of the narrowed distribution channels, says Schuler, has been more sales out of tasting rooms and more effort by vintners to go out and meet their customers in their own towns.

THE ASSOCIATED PRESS



# ROMANCE BLOOMS ON THE RIDEAU

Names: Lisa and Trev, both 23

Hometown: Ottawa

Together since: 2004

# Their story:

Trevor and I (Lisa) first met when I was in Grade 10, and he was in Grade 11.

I was far too shy to approach him, but when Trevor would come into my classroom to talk to his hockey coach, my entire class would badger me about my huge crush — right in front of him!

It didn't take him long to clue in.

Trev and I soon started talking and he asked me out on a date.

We walked the Rideau Canal hand-in-hand and we learned quite a lot about one another in just a couple of hours.

That's exactly where and when it all began!

We have been together more than six years, and on Oct. 16, 2010, Trevor proposed.

We are now planning to buy a house and say "I do" in 2012.

He will always be my high-school sweetheart and, even more, my soulmate.

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## WHY DON'T YOU GET A (CHAT) ROOM

**Smug Marrieds** 

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Friends of ours continuously post lovey-dovey comments to one another on their public Facebook wall. It's making everyone else nauseous. How do we tell them to turn off their Facebook faux pas?

#### Angela says ...

Do they also "talk" to each other on Facebook when they're in the same house? Ewwww ... that's just

plain tacky in my book.

Since they're obviously not down with social media etiquette, I advise a direct approach. Take one half of the couple aside and gently explain that their wall postings fall under the TMI category or are just plain annoying/icky to friends.

Suggest they try the less public form of communicating such as texting or email. Question: Does this couple also speak in baby voices to each other? If so, I'm afraid you might not get very far. Another option is to just unfriend them. I know it sounds harsh, but Facebook is your space, and if you don't want to read lovesick posts, you don't have to.

#### Derek says...

Just un-friend them. Clearly they have little value to add to your friend feed. If it comes up in conversation, be blunt: Tell them you wanted to heave every time their status updates popped up on your iphone





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#### FRESH FINANO

OK so you're not Warren Buffett and you probably need to shape up some part of your financial life in 2011. Set realistic financial resolutions this year that you can actually keep.

You'll feel better equipped to make good financial choices. Take 10 minutes a week to read an

investment article in the paper or online. Check out moneyville.ca, globeinvestor.com or finance.yahoo.com.

Get better organized. Set up a budget and follow it. Use free budgeting tools online with your bank. Keep your receipts in file folders and pay close attention to your bills to

ensure they're accurate.

#### Develop a financial plan

Grow your net worth through a combination of debt reduction and asset growth. Get a second or third opinion from a Certified Financial Planner (CFP) or professional accountant.

Track your net worth progress. Use a spreadsheet; list all assets like RRSPs and real estate and liabilities like car loans and mortgages. When you subtract your liabilities from your assets, you'll see your bottom line. You want this number to grow, so set some net worth goals for 2011 to reduce debt and build your assets.

### Take care when consuming from your home computer



The average Canadian spent about \$550 shopping online over the past year with almost three million households reporting some kind of online pur-chase. And why not? Online shopping is fast, convenient and allows you to comparison shop at the click of a mouse.

While most shopping sites are credible, there are

**Career Finder** 

those that prey on trusting consumers.

To protect yourself while shopping online, folyourself low these tips:

- · Know who you're dealing with. Look for phone numbers, e-mail addresses and street addresses so you can follow up if needed.
- Know exactly what you're buying. The vendor should tell you everything

vou need to know about the product to make a satisfactory purchase, such as size, colour, weight, tex-ture, warranties and other factures.

- · Know what you're agreeing to. Look for detailed information about the terms of sale, the company's privacy, complaint policies and the expected delivery date and costs.

  • Read the return policy.
- The vendor should outline the return policy and any fees associated with it such as shipping costs.Know exactly what
- you're paying. Ask for the total price, including taxshipping, insurance and handling.

  • Be cautious.
- give your credit card information before entering a site and never buy into unsolicited offers you receive by e-mail.

NEWSCANADA

# THITTE ME SERVIC

Hold on tight to your warranties after the holiday season if you'd like your

## Watch for warranties!

#### ON MONEY

ALISON GRIFFITHS



Don't Stop! burn or recycle that wrapping paper. While you're sifting

through the post-holiday detritus, make a special effort to look for, and hold on to, warranties. Canadian families make a considerable investment in presents — \$600 to \$750 on average — and one of the best ways to preserve that investment is to keep track of warranties, big and small.

The first time I realized I

needed to pay better attention to warranties came when I took my kitchen knives into a Henckels' free sharpening clinic. My husband had used the chef's knife eons earlier for some unauthorized prying and broke off the tip. The rep conducting the workshop took one look at it said, "It's under warranty, I'll replace it." Voila, a brand new knife and no snarky remarks about husbands.

Similarly, when I phoned Obus Forme to purchase a new back for a 10-year-old office chair, the company informed me it was covered under a lifetime warranty.

It's all too easy to toss a

/ Fast approvals

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these days lasting such a short time. But warranties can be your ticket to extended use.

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ING	1.50%
PCF	1.50%
RBC	1.25%
SCOTIA	1.35%
TD	1.25%
ALLY	2.00%

HECK BANK WEB SITES AS SOME RATES REQUIRE

# sports

# Canada turns Gap too big after Isles take table on U.S.

• Canadians handily defeat rivals who beat them in last year's final • Win sets up showdown tomorrow with Russians, who downed Swedes



#### Sports in brief



Brandon Webb signed with the Texas Rangers.

The Minnesota Vikings have reached an agreement with Leslie Frazier to be their next

The Cleveland Browns fired Mangini following a second straight 5-11 season. THE ASSOCIATED



Curtis Hamilton and Quinton Howden scored in the first period yesterday as Canada exacted some revenge against the United States at the world junior hockey championship with a 4-1 semifinal win.

The victory set up a showdown with Russia in tomorrow's final. The Russians beat Sweden 4-3 in a shootout in yesterday's other semi.

Canada reached the final for the 10th consecutive year, a mark that includes victories over the Russians in 2005, 2006 and 2007. Canada is 7-5 all-time in finals against Russia or the CANADA

Soviet Union.

Ryan Johansen and Zack Kassian also scored for Canada in front of a boisterous, mostly pro-Canadian crowd. The Canadians outshot the nervous-looking Americans 41-23 in dominating all three zones, the faceoff circles and carrying the physical play.

The showdown many

predicted would be a fitting final came in the semis as Canada lost its final preliminary round game in a shootout to Sweden before beating Switzerland 4-1 in a quarter-final.

It avenged Canada's 6-5 overtime loss to the U.S. a vear ago on its home ice in Saskatoon.

Chris Brown scored on a power play for the Americans in the third period to snap Mark Visentin's shutout bid as the U.S briefly had some life but would get no closer.

Red-and-white-clad Canadian fans outnumbered their U.S. counterparts in

the packed HSBC Arena and their chants of Ca-Na-Da were drowning out the home side's U-S-A even be-fore the puck was dropped.

When the game started, it was Canada that came out flying and the Americans who looked to be on their heels in their first taste in the tournament of high-paced, heavy-hitting hockey.

Canada beat the Russians 6-3 to open the tournament, a game that was close for two periods.

The Americans will face Sweden in the bronzemedal game.

# In the end, Russia gets it done

Russia's flair for the dramatic has carried it to the gold-medal game at the world junior championship. hockey

The Russians squandered a two-goal lead before scoring a late equalizer and surviving a shootout to beat Sweden 4-3 in a back-and-forth semifinal yesterday that

started slowly but ended

Denis Golubev slid a

shot through Robin Lehner's legs after Swedes Os-Lindberg Sebastian Wannstrom both failed to score.

Russians stormed the ice in celebration when Anton Lander's attempt rang off the post.

Vladimir Tarasenko, the dazzling St. Louis

Blues first-round pick, Golubev and Sergei Kalinin, who tied the game 3-3 with 1:27 left, scored in regulation for the Russians, who last won gold at the tourna

ment in 2003. They won three silvers from 2005-07, but were sixth last year.

THE CANADIAN PRESS

# early lead



John Tavares had two goals and an assist and Matt Moulson also scored twice last night as the New York Islanders stayed red-hot with a 5-2 victory over the Calgary Flames.

Michael Grabner scored New York's fifth goal into an empty net, while Andrew MacDonald and P.A. Parenteau picked up two goals apiece for the Islanders (12-19-6), who are 7-1-1 in their last nine.

New York starting goalie Rick DiPietro made 13 saves for the win before leaving with an apparent lower-body injury with the Islanders up 4-1 in the second period.

Calgary native Nathan Lawson, who was recalled from Bridgeport of the American Hockey League after the Islanders traded Dwayne Roloson to Tampa Bay on Saturday, replaced DiPietro in goal, allowing just a single goal on 29

David Moss scored both goals for Calgary (18-19-3), which got 21 saves from second-string netminder Henrik Karlsson.

The Islanders raced out to a 3-1 in the first period. Tavares scored on the power play at 3:37, before Moulson doubled the lead at 8:29.

Moss got one back for Calgary just over three minutes later, but Tavares scored his second of the night and third point of the period at 13:25.

Moulson made it 4-1 at 3:06 of the third but Moss again cut the New York lead with his second at 13:22. Moss had a great chance for the hat trick late in the period, but Lawson robbed the Flames forward.

Grabner iced the game with his empty-net goal with just over a minute remaining in the third.

THE CANADIAN PRESS



#### **NATIONAL HOCKEY LEAGUE**

	NFERENCE	

	GP	VV	L	OIL	SL	GF	GA	Pts	Home	Away	Last 10	Strk
d-Philadelphia	39	24	10	2	3	131	104	53	12-6-0-2	12-4-2-1	7-3-0-0	W1
d-Tampa Bay	39	23	11	3	2	121	122	51	12-3-1-1	11-8-2-1	8-1-1-0	W2
d-Boston	38	21	11	1	5	110	85	48	9-6-1-2	12-5-0-3	5-3-0-2	W1
Pittsburgh	40	25	12	2	1	127	94	53	13-7-1-0	12-5-1-1	5-4-0-1	L2
Washington	40	23	12	2	3	120	106	51	14-4-1-3	9-8-1-0	5-3-1-1	W3
Atlanta	42	21	15	2	4	131	125	48	11-7-1-2	10-8-1-2	4-4-1-1	W1
NY Rangers	40	22	15	2	1	119	103	47	9-8-1-1	13-7-1-0	5-3-1-1	L2
Montreal	40	21	16	3	0	100	96	45	12-5-3-0	9-11-0-0	3-6-1-0	L1
Carolina	38	18	15	1	4	111	115	41	8-7-1-1	10-8-0-3	5-3-1-1	L1
Florida	37	18	17	1	1	102	95	38	8-6-1-1	10-11-0-0	4-4-1-1	W2
Ottawa	40	16	19	4	1	90	121	37	9-11-1-1	7-8-3-0	4-4-2-0	L3
Buffalo	38	16	18	4	0	105	114	36	9-10-1-0	7-8-3-0	5-5-0-0	W2
Toronto	38	14	20	2	2	90	113	32	8-10-2-1	6-10-0-1	4-6-0-0	L1
NY Islanders	37	12	19	3	3	89	120	30	7-7-1-2	5-12-2-1	7-2-0-1	W3
New Jersey	38	10	26	1	1	68	122	22	6-11-1-1	4-15-0-0	2-8-0-0	- 11

#### WESTERN CONFERENCE

	UF	vv	-	OIL	JL	Or.	UM	rts	Home	Hivay	rast To	Juk
d-Vancouver	37	24	8	3	2	127	92	53	13-3-1-1	11-5-2-1	8-1-1-0	W5
d-Detroit	39	24	10	4	1	133	110	53	13-5-3-1	11-5-1-0	5-3-2-0	L2
d-Dallas	40	23	13	1	3	114	113	50	12-6-1-2	11-7-0-1	5-3-1-1	W1
San Jose	39	21	13	4	1	115	108	47	10-5-2-1	11-8-2-0	6-3-0-1	W2
Anaheim	42	21	17	2	2	109	119	46	13-6-0-1	8-11-2-1	6-4-0-0	W3
St. Louis	38	20	13	2	3	101	104	45	14-5-0-2	6-8-2-1	6-4-0-0	L1
Los Angeles	39	22	16	1	0	116	96	45	13-5-1-0	9-11-0-0	5-5-0-0	L4
Colorado	39	20	14	5	0	132	125	45	10-7-2-0	10-7-3-0	5-4-1-0	L2
Chicago	41	21	17	2	1	126	115	45	12-9-0-0	9-8-2-1	5-5-0-0	W1
Nashville	38	19	13	4	2	95	93	44	9-4-3-2	10-9-1-0	5-5-0-0	W2
Columbus	39	20	16	2	1	101	114	43	11-9-0-1	9-7-2-0	5-5-0-0	L1
Phoenix	38	17	13	5	3	106	113	42	7-5-2-2	10-8-3-1	3-5-0-2	L2
Minnesota	38	18	15	1	4	98	112	41	10-9-0-2	8-6-1-2	6-3-0-1	W1
Calgary	40	18	19	1	2	107	115	39	11-8-0-0	7-11-1-2	6-4-0-0	L1
Edmonton	37	12	18	1	6	95	126	31	6-10-1-2	6-8-1-3	2-6-0-2	L6

d — division leaders ranked 1.2-3 regardless of points; a team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OTL (overtime loss) or SL (shootout loss) column.

Last night's results Boston 2 Toronto 1 Carolina 4 Florida 3 (OT) N.Y. Islanders 5 Calgary 2 Chicago 4 Los Angeles 3 Vancouver at San Jose Sunday's results Vancouver 2 Colorado 1 Atlanta 4 Montreal 3 (OT) Anaheim 2 Chicago 1 Dallas 4 St. Louis 2 Florida 3 N.Y. Rangers 0 Minnesota 6 Phoenix 5 (OT) Nashville 4 Columbus 1

Eriksson, Dal

Nashville 4 Columbus 1 Philadelphia 3 Detroit 2 Tonight's games (All times Eastern) Minnesota at New Jersey, 7 p.m. Tampa Bay at Washington, 7 p.m. Buffalo at Colorado, 9 p.m. Detroit 3 t Edmoston, 9 p.m. Detroit at Edmonton, 9 p.m. Columbus at Phoenix, 9 p.m.

#### **ISLANDERS 5, FLAMES 2**

First Period
1. N.Y. Islanders, Tavares 12 (Parenteau, Mac-1. N.Y. Islanders, Tavares 12 (Parenteau, Mac-bonald) 3:37 (pp)
2. N.Y. Islanders, Moulson 13 (Parenteau, Tavares) 8:29
3. Calgary, Moss 5 (Pardy, Babchuk) 11:37
4. N.Y. Islanders, Tavares 13 (MacDonald, Nielsen) 12:25 (pp)
Penalties — Jackman Cal (goaltender interference) 3:25, Moropka NVI, Kostopoulos Cal (fighting) 9:15, Pardy Cal (slashing) 12:16. Second Period

Second Period
5. N.Y. Islanders, Moulson 14 (Hamonic) 3:06

6. Calgary, Moss 6 (Jackman) 13:22

Penalty — Reese NYI (slashing) 4:26.

Third Period

Att. — 19,289 (19,289) at Calgary.

#### SCORING LEADERS

	G	A	ы
Crosby, Pgh	32	33	65
Stamkos, TB	31	25	56
St. Louis, TB	16	34	50
H.Sedin, Vcr	9	40	49
D.Sedin, Vcr	20	27	47
B.Richards, Dal	18	27	45
Perry, Ana	21	23	44
Zetterberg, Det	14	30	44

Eriksson, Dal Ovechkin, Wash Byfuglien, Atl Kopitar, LA Duchene, Col Datsyuk, Det Sharp, Chi E.Staal, Car Getzlaf, Ana M.Richards, Pha Backstrom, Wash Lidstrom, Det P.Stastny, Col Semin, Wash Giroux, Pha 35 35 35 34 34 34 34 33 33 32 32 32 32 32 32 Iginla, Cal Heatley, SJ Roy, Buf J.Thornton, SJ J.Thornton, S.J Kesler, Vcr Clowe, S.J Selanne, Ana M.Koivu, Minn Havlat, Minn Enstrom, Atl D.Brown, LA Toews, Chi Malkin, Pgh Letang, Pgh J.Carter, Pha J.Williams, LA 10 19 10 10 9 8 16 15 14 6 16 15 13 12 11 Ladd, Atl Plekanec, Mtl Heiduk, Col Ribeiro, Dal Nash, Clb 31 31 31 30 30 Franzen, Det Tanguay, Cal 10
Briere, Pha 18
Dubinsky, NYR 15
Not including last night's games

#### **HOCKEY**

#### IIHF WORLD JUNIOR **CHAMPIONSHIP**

(All times Eastern) RELEGATION BRACKET All Games at Lewiston, N.Y.

All Games at Lewiston, N.V.

GP W LOTW OTL 6F 6A Pt

Czech Republic 2 2 0 0 0 0 0 5 2 6

Slovakia 2 1 0 1 0 7 1 5

x-Germany 2 0 1 0 1 3 5 1

x-Norway 2 0 2 0 0 0 0 0 7 7 0

x — relegated to B-pool. Sunday's results Czech Republic 3 Germany 2 Slovakia 5 Norway 0

Today's games Germany vs. Norway, 3:30 p.m.

Slovakia vs. Czech Republic, 7:30 p.m. CHAMPIONSHIP BRACKET CHAMPIONSHIP BRACKE!
All Games at Buffalo, N.Y.
Yesterday's results
Semifinals
Russia 4 Sweden 3 (SO)
Canada 4 U.S. 1

Sunday's results Ouarter-finals Canada 4 Switzerland 1

Russia 4 Finland 3 (OT)
Tonight's game
Fifth Place
Finland vs. Switzerland, 7:30 p.m.

Tomorrow's games Bronze Medal Sweden vs. U.S., 3:30 p.m. Gold Medal Russia vs. Canada, 7:30 p.m.

#### CANADA 4, U.S. 1

First Period

1. Canada, Hamilton 4 (Eakin) 2:38

2. Canada, Howden 2 (Connolly, Gudbranson)

13:54

Penalties — None.

Second Period

3. Canada, Johansen 3 (Ellis, Barrie) 5:59 (pp)
Penalties — Howden Cda (high-sticking) 2:33,
Coyle US (high-sticking) 4:33, Wey US (hooking) 4:58, de Haan Cda (slashing) 16:18.

Third Period 4. Canada, Kassian 2 (de Haan) 6:02 5. U.S., Brown 2 (Morin, Leddy) 9:37 (pp) Penalties — Ashton Cda (slashing) 3:54, Johansen Cda (hooking) 8:54, Coyle US (delay of game) 10:50 Shots

Canada 12 16 13 4: U.S. 5 12 6 2: Goal — Canada: Visentin (W,3-0); U.S.: Campbell (L,4-1). Power plays (goals-chances) -Canada: 1-3: U.S.: 1-4.

Referees — Martin Frano, Jari Levonen. Lines-men — Mikko Kekalainen, Felix Winnekens. Attendance — N.A at Buffalo.

#### SOCCER

#### **ENGLAND**

#### LEAGUE CHAMPIONSHIP

Vesterday's results
Barnsley 2 Coventry 1
Crystal Palace 1 Preston 0
Derby 0 Millwall 0
Ipswich 0 Nottingham Forest 1
Leicester 2 Swansea 1
Middlesbrough 1 Norwich 1
Portements 1 July 2

Portsmouth 2 Hull 3 Queens Park Rangers 2 Bristol City 2 Reading 2 Burnley 1 Scunthorpe 1 Watford 2 Sheffield United 2 Doncaster 2

#### **SCOTLAND**

#### PREMIER LEAGUE

#### **TRANSACTIONS**

#### **BASEBALL**

AMERICAN I FAGUE

NEW YORK YANKEES — Agreed to terms with LHP Pedro Feliciano on a two-year contract. TEXAS RANGERS — Agreed to terms with RHP Brandon Webb and LHP Arthur Rhodes on a one-year contracts. Designated C Max Ramirez and LHP Clay Rapada for assignment.

#### NATIONAL LEAGUE

SAN DIEGO PADRES — Agreed to terms with INF/OF Brad Hawpe on a one-year contract.

#### **FOOTBALL**

CINCINNATI BENGALS - Signed FB James Develin, OT Andrew Gardner, S Cary Harris, G Otis Hudson and DE James Ruffin from the

CLEVELAND BROWNS — Fired coach Eric

Mangini.
DALLAS COWBOYS — Agreed to terms with G
Travis Bright. Signed WR Troy Bergeron, T
Robert Brewster, DE Alex Daniels, WR Jeff
Moturi, TE Jason Pociask, LB Kelvin Smith, CB
Ross Weaver to their reserve future list.
MINNESOTA VIKINGS — Reached agreement
with latent reserves berlie Training headers. with interim coach Leslie Frazier to become permanent coach.

OMAHA NIGHTHAWKS — Fired coach Jeff Jagodzinski.

#### **HOCKEY**

PHILADELPHIA FLYERS — Waived G Michael

PHOENIX COYOTES — Assigned F Mikkel PHOENIX COYOTES — Assigned F Mikkel Boedker to San Antonio (AHL). PITTSBURGH PENGUINS — Signed D Deryk Engelland to a three-year contract. TAMPA BAY LIGHTNING — Reassigned G Jaroslav Janus from Norfolk (AHL) to Florida (ECHL).

#### AHL

ABBOTSFORD HEAT — Assigned F Hugo Car-pentier and D Giffen Nyren to Utah (ECHL). SYRACUSE CRUNCH — Recalled F Eric Lampe and F Josh Brittain from Elmira (ECHL).

#### **ECHL**

ECHL — Fined Elmira LW Jon Mirasty and Kalamazoo F Justin Taylor undisclosed amounts for their actions during Friday's game at Kalamazoo.

#### FOOTBALL

#### **NCAA**

#### **BOWL GAMES**

(All times Eastern Last night's result ORANGE BOWL

At Miami Stanford 40 Virginia Tech 12 Tonight's game

SUGAR ROWI

At New Orleans
Ohio State (11-1) vs. Arkansas (10-2), 8 p.m.
Thursday's game
GODADDY.COM BOWL

At Mobile, Ala. Miami (Ohio) (9-4) vs. Middle Tennessee (6-

6), 8 p.m. Friday's game

COTTON BOWL

Texas A&M (9-3) vs. Louisiana State (10-2), 8

Saturday's game BBVA COMPASS BOWL

At Birmingham, Ala. Pittsburgh (7-5) vs. Kentucky (6-6), Noon

#### EASTERN CONFERENCE

W	L	Pct	GB
26	7	.788	_
27	9	.750	1/2
22	10	.688	31/2
22	12	.647	41/2
22	14	.611	51/2
19	14	.576	7
14	18	.438	111/2
13	18	.419	12
13	21	.382	131/2
11	21	.344	141/2
11	22	.333	15
11	23	.324	151/2
9	25	.265	171/2
8	24	.250	171/2
8	26	.235	181/2
	26 27 22 22 22 22 19 14 13 13 11 11 11	26 7 27 9 22 10 22 12 22 14 19 14 18 13 18 13 21 11 21 11 22 11 23 9 25 8 24	26 7 .788 27 9 .750 22 10 .688 22 12 .647 22 14 .611 19 14 .576 14 18 .438 13 18 .419 13 21 .382 11 21 .344 11 22 .333 11 23 .324 9 25 .265 8 24 .250

#### WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	29	4	.879	-
Dallas	25	8	.758	4
d-Utah	24	11	.686	6
d-L.A. Lakers	23	11	.676	61/2
Oklahoma City	23	12	.657	7
Denver	20	13	.606	9
New Orleans	21	14	.600	9
Portland	18	16	.529	111/2
Houston	16	18	.471	131/2
Memphis	15	19	.441	141/2
Phoenix	14	18	.438	141/2
Golden State	13	21	.382	161/2
L.A. Clippers	10	24	.294	191/2
Minnesota	9	26	.257	21
Sacramento	7	24	.226	21
d-division leader				

G-division leader
Last night's results
Miami 96 Charlotte 82
Orlando 110 Golden State 90
Boston 96 Minnesota 93 New Orleans 84 Philadelphia 77 Denver 113 Houston 106 Utah 102 Detroit 97

Sunday's results New York 98 Indiana 92 Atlanta 107 L.A. Clippers 98 Boston 93 Toronto 79 Dallas 104 Cleveland 95 Portland 100 Houston 85

Sacramento 94 Phoenix 89 Memphis 104 L.A. Lakers 85

Tonight's games (All times Eastern) Milwaukee at Miami, 7:30 p.m.
San Antonio at New York, 7:30 p.m.
Toronto at Chicago, 8 p.m.
Oklahoma City at Memphis, 8 p.m.
Portland at Dallas, 8:30 p.m.
Atlanta at Sarramento, 10 p.m.

G FG FT PTS AVG

#### SCORING AVERAGE

Durant, OKC	31	283	245	864	27.
Stoudemire, NYK	33	329	207	871	26.
Ellis, GOL	33	315	154	839	25.
Bryant, LAL	34	300	217	864	25.
Wade, MIA	33	279	223	810	24.
James, MIA	35	288	233	855	24.
Nowitzki, DAL	29	260	153	700	24.
Rose, CHI	31	282	128	744	24.
Anthony, DEN	25	206	165	592	23.
Gordon, LAC	32	249		747	23.
Martin, HOU	33	219	249	759	23.
Williams, UTA	34	246	206	756	22.
Westbrook, OKC	35	262	232	766	21.
Beasley, MIN	32	278	114	699	21.
Griffin, LAC	34	284	167	739	21
Bargnani, TOR	27	217		572	21.
Granger, IND	31	228	133	655	21.
Howard, ORL	31	228	199	655	21
Gay, MEM	32	256	112	668	20.
Love, MIN	34	236		709	20.
Scola, HOU	33	270	107	647	19.
Aldridge, POR	34	265	131	664	19.
Pierce, BOS	32	211	141	605	18.
Randolph, MEM	30	230		566	18.
Lopez, NJN	34	229		641	18.
Ginobili, SAN	33	190		617	18.
Gasol, LAL	34	248	139	635	18.
West, NOR	33	250		615	18.
Bosh, MIA	35	249		652	18.
Jackson, CHA	30	193	101	549	18.
Felton, NYK	33	215	104	591	17.
Deng, CHI	32	211	98	570	17.
Parker, SAN	33	241	93	583	17.
Not including last n	ight's	gam	es		

#### NFL

#### AMERICAN CONFERENCE

MINICHI		,,,,,		LIVEL		
EAST						
	W	L	Т	Pct	PF	P/
y-New England	14	2	0	.875	518	313
x-N.Y. Jets	11	5	0	.688	367	304
Miami	7	9	0	.438	273	333
Buffalo	4	12	0	.250	283	425
SOUTH						
	W	L	Т	Pct	PF	P/
y-Indianapolis	10	6	0	.625	435	388
Jacksonville	8	8	0	.500	353	419
Houston	6	10	0	.375	390	427
Tennessee	6	10	0	.375	356	339
NORTH						
	W	L	T	Pct	PF	P/
y-Pittsburgh	12	4	0	.750	375	232
x-Baltimore	12	4	0	.750	357	270
Cleveland	5	11	0	.313	271	332
Cincinnati	4	12	0	.250	322	395
WEST						
	W	L	T	Pct	PF	P/
y-Kansas City	10	6	0	.625	366	326
San Diego	9	7	0	.563	441	322
Oakland	8	8	0	.500	410	371
Denver	4	12	0	.250	344	471

NATIONAL	CO	NF	ERE	NCE		
EAST						
	W	L	Т	Pct	PF	P
y-Philadelphia	10	6	0	.625	439	37
N.Y. Giants	10	6	0	.625	394	34
Dallas	6	10	0	.375	394	43
Washington	6	10	0	.375	302	37
SOUTH						
	W	L	Т	Pct	PF	P
y-Atlanta	13	3	0	.813	414	28
x-New Orleans	11	5	0	.688	384	30
Tampa Bay	10	6	0	.625	341	31
Carolina	2	14	0	.125	196	40
NORTH						
	W	L	Т	Pct	PF	P
y-Chicago	11	5	0	.688	334	28
x-Green Bay	10	6	0	.625	388	24
Detroit	6	10	0	.375	362	36
Minnesota	6	10	0	.375	281	34

etroit	6	10	0	.375	362	369
innesota	6	10	0	.375	281	34
VEST						
	W	L	Т	Pct	PF	P/
Seattle	7	9	0	.438	310	407
. Louis	7	9	0	.438	289	328
n Francisco	6	10	0	.375	305	346
izona	E	11	0	212	200	42

Arizona 5 11 0 x — clinched playoff berth. y — clinched division title.

#### **WEEK 17**

WEEK 1/ Sunday's results Atlanta 31 Carolina 10 Baltimore 13 Cincinnati 7 Dallas 14 Philadelphia 13 Detroit 20 Minnesota 13 Green Bay 10 Chicago 3 Houston 34 Jacksonville 17 Indianapolis 23 Tennessee 20 New England 38 Miami 7 N.Y. Giants 17 Washington 14 N.Y. Jets 38 Buffalo 7 N.Y. Jets 38 Buffalo / Oakland 31 Kansas City 10 Pittsburgh 41 Cleveland 9 San Diego 33 Denver 28 San Francisco 38 Arizona 7 Seattle 16 St. Louis 6 Tampa Bay 23 New Orleans 13 End of Regular Season

#### BASKETBALL

#### **NCAA**

#### AP TOP 25

Last night's results
No. 10 Kentucky 86 Pennsylvania 62
St. John's 61 No. 13 Georgetown 58
No. 16 Texas A&M 66 Nicholls State 55 No. 17 Kansas State 92 Savannah State 61 No. 18 Michigan State 65 Northwestern 62

# HE BEST THING TO

**NEW Crossword and Suduko** updated daily.





12

18

23

30

33

38

48

51

25 24

6 4

2

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6

8 5 9

Andrew Schultz, Meteorologist

"I get to spread the word

on how your day, evening or weekend will shape up with

our ever-changing weather here in Alberta". WEEKDAYS 6AM

9

6

2

5 3 6

4 9

2 7 3 4

1 6 4

6 9 8

5 6

2

Send a

Show some love! Send a

at kiss@metronews.ca

Denka!!! I love your spirit

knight in shining armour.

You are doing an excellent

job focusing on your goals

and maintaining it. Heart

To My Squishy, There's not a

starfish in the world who

loves vou more. You light

up my life like a deep sea

Morning tiiiiiiiime! Morn-

ing tiiiime! Morning time

morning tiiiiiiiime! I miss

morning time morning time

you so much I can't wait till

you get back, I love you!! :)

J...You make my heart

smile! When I look into

your eyes I see hope, when I

listen to your voice I hear

wisdom, and when I lie in

your arms I feel LOVED!!

Babe -MANY KISSES...M

. Thank you x infinity! 1-4-3

I love you. xoxox inky

lantern fish. Coo coo cachu,

you forever DANII

and passion. You are my

note to somebody special

#### Crossword

#### 1 Glitz

- 5 "Phooev!" 8 Dame Myra at the piano
- 12 Top-notch
- 13 out a living
- 14 Sheltered
- 15 Lover of classical
- music
- 17 Mountain goat
- 18 Greek H
- 19 Hostel
- 20 Appomattox Court
- House VIP
- 21 Craftv 22 Urban transport
- 23 Possibly will
- 26 Mid-May honorees 30 Jai –
- 31 Transmit electroni-
- cally
- 32 Notion 33 Like the Talmud
- 35 Bride's partner
- 36 Ducats, in "Variety"
- 37 Healthy
- 38 Leans
- 41 Cowpoke's sweetie 42 Discoverer's cry
- 45 Neighborhood
- 46 Severe downturn
- 48 Creche trio
- 49 "- Town"
- 50 Command to Fido
- 51 Organic com-
- pound 52 Thickness
- 53 Vortex
- 1 Dorothy's last name
- 2 Swag
- 3 Actress Paguin
- 5 "- and Cecil" 6 Related 7 That girl

39 40

8 Garment of penance

daughter

- 9 Exile isle 10 Witnessed
- 11 Fourth canonical hour
- 16 Sword handle 20 Eviscerate
- 21 Young and imma-
- 22 Carton 4 "Family Guy" 23 Jongg preceder

Today's horoscope

- 52 24 — -de-France
  - 25 Talk on and on 26 Apple product

46

49

13

16

19

34

36

14

17

32

50

53

47 7-Down, subjectively

▶ Dec. 26's answer

44 Sans siblings

46 Upper surface

27 28 29

42

43

20

35

22

26

- 27 Tokyo's old name
- 28 Speedwagon 29 Muppet eagle
- 31 Repair
- 34 "— for Alibi"
- 35 Quarter pint 37 Tinker Bell, e.a
- 38 Docile 39 Tehran's land
- 40 Toy block name
- 41 France, once
- 42 Newspaper pg.
- 43 Ran like the wind

#### For today's crossword answers and for expanded horoscopes, go to metronews.ca

#### T Aries March 21-April 20 You can expect something pretty extraordinary to occur on the work front over the next few days. But why not go out and make it happen yourself? You're a doer. So do it!

#### ¥ Taurus April 21-May 21

Today's eclipse falls in the area of your chart that governs your belief system, so it is of the utmost importance that you keep a clear head and make sure you have a firm hold on all of the facts.

#### II Gemini May 22-June 21 Cosmic activity in one of the more sensitive areas of your chart gives you a negative view of events, but what happens today will confirm that you are loved and admired

sign means that loved ones will be full of themselves today. There may be times when you wish they would tone their act down. They're only having fun. You're allowed to have fun, too.

important thing now is your health. If you feel you are harder just because someone else savs vou must.

lief and reserves of energy. Whatever you put your mind to today, and tomorrow, is sure to be a success.

#### Cancer June 22-July 22 A

solar eclipse in your opposite

 Leo July 23-Aug.23 The most doing too much, you must call a halt. You don't have to work

TV Virgo Aug. 24- Sept. 22 You'll be endowed with huge self-be-

#### ← Libra Sept. 23-Oct. 23 It's the perfect day to take care of domestic issues. You will not only have the desire to do something about them, but loved ones will be co-operative.

m Scorpio oct. 24-Nov. 22 The more you are on the move today, the more likely it is you will meet people who can be of some use to you socially or in your career. They'll also be more fun than you expected.

#### → Sagittarius

Nov. 23-Dec. 21 What happens today will remind you that money must be kept in its place. Being able to pay your way is important, of course. but more important by far is that you smile while you are doing it.

#### り Capricorn Dec. 22-Jan. 20

Sudoku

6

7

9 6

How to play

1-9. There is no math

involved. You solve the

Fill in the grid, so that every

row, every column and every

3x3 box contains the digits

puzzle with reasoning and

Dec. 26's answer

WEDNESDAY

Max 0°

Min -4°

8

4

5

logic.

TODAY

Max -2°

Min -7

7

3

2

7

4

3

7

8

3 1

5

2 5

4

3 9

9 4 3 5 7

6 8

2 3

THURSDAY

Max -1°

Min -8°

Today's solar eclipse in your sign gives you a massive adadvantage of it. There will be times in 2011 when it gets

#### Aquarius Jan. 21-Feb. 18 You have nothing to fear and everything to look forward to. It may sometimes seem as if you are alone in the world but that is just an illusion and

light that fact.

H Pisces Feb. 19-March 20 You must take a leadership role in group activities over the next few days. The world needs people like you, who are prepared to act. SALLY BROMPTON

vantage over your rivals and if you are smart you will take full

even better.

# what happens today will high-

Metro

# **Caption contest**





tion for the image to the right and send it to plav@metronews.ca the winning caption will be published in Tuesday's



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Ixtapa/Zihuatanejo

Barceló Ixtapa Beach • 4 ★

All-Inclusive • Superior rm. Jan. 29 • 1 wk.



#### **CUBA**

Varadero Allegro Varadero • 3 ★

All-Inclusive Superior rm. Feb. 6 - Mar. 20 • 1 wk.

Paradisus Punta Cana Resort • 4 1/2 ★ PRIVILEGES

All-Inclusive • Deluxe junior suite Jan. 11 - 25 • 1 wk.

Tesoro Ixtapa • 3 1/2 ★

All-Inclusive Deluxe rm. Feb. 5 & 12 • 1 wk.

Sirenis La Salina Varadero Beach Resort • 4 ★

All-Inclusive • Standard rm. Feb. 6 - Mar. 20 • 1 wk.

#### **MEXICO**

Los Cabos

**HOLA Grand Faro Los Cabos** Luxury All Inclusive Resort • 4 ★

All-Inclusive Deluxe partial oceanview rm. Feb. 12 & 26 • 1 wk.

Cancun/Riviera Maya Grand Sirenis Riviera Maya Hotel & Spa • 5 ★

All-Inclusive Junior suite Feb. 27 • 1 wk.

Santa Clara

Royal Hideaway Ensenachos • 5 ★

All-Inclusive Royal spa premium rm. Jan. 29 • 1 wk.



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Vdara • 4 ★

Deluxe suite Jan. 25 & 31 • 3 nts.

#### Oahu

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Continental breakfast

Q value - Moderate partial city view \$1049 Feb. 3 & 6 • 1 wk.

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